

2021 February



Drop-in when open or text/call 250-833-6100 for appt

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Closed for Private meetings	2 Options for Sexual Health	3 Closed Online Chat 11:30 – 1:30pm	4 Doctor & Mental Health Support	5 Closed	6
7	8 Closed for Private meetings	9 Options for Sexual Health Online Chat 11:30 – 1:30pm	10 Closed for Private meetings	11 Closed	12 Closed	13
14	15 Closed for Private meetings	16 Options for Sexual Health	17 Closed Online Chat 11:30 – 1:30pm	18 Closed	19 Closed	20
21	22 Closed for Private meetings	23 Options for Sexual Health Online Chat 11:30 – 1:30pm	24 Closed for Private meetings	25 Doctor & Mental Health Support	26 Closed	27
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Closed for Private meetings/groups		Options for Sexual Health	Doctor* and Mental Health & Substance Use Support		PEACE Program	

Mondays 9 – 1:30pm
Wednesdays 9 – 3pm
Fridays 9 – 11:30am
And 12 – 3pm

Tuesdays 11 – 2pm
Confidential, non-judgmental sexual health education and care. Including birth control counselling, low cost contraceptives, STI testing and pregnancy testing.

Jan 7 & 21 11:30 – 3:30pm
*Dr. Richard Currie as well as a mental health support worker
Drop in or text/call 250-833-6100 for an appointment – 1st time patients need care card # (can get from the school office).

Fridays noon till 3:30pm
Private trauma counselling (lounge closed)

Lounge Area

Closed to drop-ins until further notice

NEW!! Confidential Online Chat support for all Students in the School District

100% confidential encrypted online-chat support and consultation to help you find mental health resources and support you need.

Every 2nd and 4th Tuesday 11:30 – 1:30pm
Every 1st and 3rd Wednesday 11:30 – 1:30pm

Go to: www.sd83wellnesscentres.com